



WORKING WITH CHILDREN IN COLD/WET/HOT WEATHER CONDITIONS POLICY

SPORTITUDE LTD

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| This policy was adopted by: Sportitude Ltd | Date: 27/7/22 |
| This policy has been reviewed by: Sportitude Ltd | Date: 3/10/24 |
| Policy review due | Date: 3/10/25 |
| Signed by the company director | Signed: Mark Griffiths |





Sportitude understands that the weather can be very cold, wet or hot whilst delivering our sessions. The coaches from Sportitude will ensure we can provide a safe environment for every child involved in sessions in cases of extreme weather.

Cold and Wet Conditions

Cold conditions can be dangerous for young children and sessions must be adapted to ensure that children are safe.

Movement is key in cold and wet conditions. Our coaches will need to run sessions that:

- Do not involve children queuing/waiting for something
- Do not take a long period of time to explain whilst children are listening

Clothing must be taken into account. If a child is not suitably dressed, they must bring up this concern with a member of school staff or by contacting the child's parent or carer at a community session before allowing the child to take part in outdoor activities.

If a child is ill or injured and is unable to continue for the remainder of the session the school or parent or carer must be made aware. A child should not be sat out any longer than two minutes before deciding. If the coach is working alone, the child should go with another pupil to inform an adult within the school, or a coach should contact the child's parent or carer while monitoring the children at the session.

Hot Weather Conditions

Hot conditions can be dangerous for young children and sessions must be adapted to ensure that children are safe.

Breaks & shade are key in hot conditions. Our coaches will need to run sessions that:

- Provide plenty of opportunities for children to take breaks in a shaded area
- Children have access to water

Sun-cream should be worn by all children. In a school session, coaches are not able to assist with the administration of sun-cream so children should be reminded to apply this. During the holiday camps, parents will have given consent if coaches are able to help children to apply sun-cream.

Clothing must be taken into account. The coach will remind participants to wear hats and appropriate clothing before the session starts. If a child is not suitably dressed, they must bring up this concern with a member of school staff or by contacting the child's parent or carer at a community session before allowing the child to take part in outdoor activities.

If a child is ill or injured and is unable to continue for the remainder of the session the school or parent or carer must be made aware. A child should be sat out in a shaded area with access to water. The amount of time that a child is sat out should be minimised as far as possible. If the coach is working alone, the child should go with another pupil to inform an adult within the school, or a coach should contact the child's parent or carer while monitoring the children at the session